This course was designed to provide advance practical experience in food service and medical nutrition therapy for future dietitians. A majority of the class was spent visiting dietitians working in different areas of practice to see what their daily work is like and how job settings may vary for each. It was interesting to hear that many of the dietitians we met do not just have one job but actually work on multiple projects or fields and have developed their careers in vast ways. For me personally, this was helpful as I am unsure of where I want to go with my dietetic career. Learning about the different paths that each person took from their internship to their current job, I found that there is room to explore and work in different areas until you find your niche or area to specialize in.

One of the areas of practice that I found particularly interesting was of the dietitians working at Healthy Dining. Both dietitians we met with there seemed to love the work that they were doing and also explained that their job isn’t just to do the same thing every day. Everyone in the company is able to be creative and collaborative working in different areas together. I could see myself working in this setting as I am eager to learn and explore multiple areas of practice.

Something that I will take away from this course is that dietetics is a huge field with immense opportunities, including areas of practice that have yet to be developed. Becoming a dietitian does not mean that you have to work in just one setting but actually have the ability to create or explore whatever job you may like.